

# MALAYSIA

Your Summer Destination



Malaysia  
Truly Asia



Space

## ACKNOWLEDGEMENT

The Ministry of Education Malaysia would like to thank  
the five participating colleges, the Ministry of Arts,  
Culture and Tourism, Malaysia Tourism Promotion Board  
and other individuals for their invaluable  
advice, support and cooperation.

Jointly coordinated by:

Ministry of Education Malaysia,  
Ministry of Arts, Culture and Tourism Malaysia  
and  
Malaysia Tourism Promotion Board (Tourism Malaysia)



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# Malaysia

## Truly Asia

**TO VISIT MALAYSIA IS TO VISIT ASIA.** Yes, Malaysia is Truly Asia and within one single destination, you will be able to experience not one but a diversity of Asian cultures, a phenomenon that we take pride in. From our people, to our food, sound and smell, Malaysia is indeed the melting pot of Asia.

Malaysia is an amalgam of three of Asia's oldest civilizations - the Malays, the Chinese and the Indians. Such a geo-cultural mix has been made even more interesting by the assimilation of other cultures into the fabric of its society - the indigenous cultures of Sabah and Sarawak, as well as the influence of the British, Portuguese, Thais and even Filipinos.

Being in Malaysia is like experiencing the fascinating cultures of all races in Asia. Bursting with colour, pulsating with life, enticing Malaysia offers an incomparable Asian feast for the senses. From flowers and attire of various styles in brilliant rainbow hues to the delightful mix of Asian tongues, from the aroma of spices like cloves and pepper that lace the curry to the taste of crunchy Chinese stir-fry, you know you're savouring Asia when you're in Malaysia.

So to experience Asia, you don't have to travel over a whole continent. Come to Malaysia, and discover Asia in one enchanting destination, for we are Malaysia, Truly Asia.



# Selamat Datang...



Fascinating Malaysia beckons all: the seasoned traveller as well as the uninitiated seeking to discover for the first time, its much publicised charms. Selamat Datang! it means 'welcome' in Bahasa Melayu, the national language. This greeting that is written on the faces, expressed in the gestures and exhibited in the unrestrained friendliness of its people reflect the heartwarming charm and genuine hospitality of the country.

This is merely a prologue to its more alluring attractions. Malaysia is steeped in interesting cultural traditions - the elaborate festivities, the sartorial splendours, unique arts and crafts, dance forms, food and architecture. Beyond this captivating facade of her multiracial make-up, Malaysia is also endowed with an abundance of other assets that have attracted an increasing number of tourists to its shores.



Be ready to step back millions of years in time or usher yourself into her heightening modernity. Shutterbugs and nature freaks can seek refuge in its natural paradise of lush tropical greenery, wooded mountain ridges, cascading rapids and icy cold waterfalls. The primeval rain-forests, untouched for about 130 million years, are home to numerous species of birds and wildlife. The flora is rich. And it really is a mesmerising sight taking in the views of virgin forests and their somnolent canopies stretching seamlessly to misty tops of fabled mountains. The setting is perfect for bird-watching, trekking, white water rafting, cave exploration, mountain climbing and camping.



Lovers of the sun, sea and underwater adventure will find their dream holiday in Malaysia which offer endless stretches of beaches. Of Malaysia's one thousand and seven islands, 38 of them have been declared as





marine parks. The islands and the surrounding seas are ideal for diving, snorkelling, swimming, yachting, wind-surfing, boating, game fishing and underwater photography.

Malaysia presents an exotic blend of the old and new. In the cities, the signs of modernity and technological progress is evident in intelligent skyscrapers, high speed urban transportation, advanced telecommunication systems and information technology revolution. Yet, a short drive away from the cities brings one to see the country at its rustic best.



Visualise scattered wooden houses with smoke seeping out and engulfing the air with a whiff of the lazy fragrance of wood-fire and the aroma of local home cooking. The lush carpets of padi fields, local children reeling or scooping up fish for the day from the canals, the rolling plains of rubber estates and pleasant green plantations of oil palms are all simply breathtaking.



When it comes to accommodation, visitors are spoilt for choice as there is a wide range of hotels, chalets, resorts and homestay facilities catering to various tastes and budgets. In the cities, Malaysia's rich array of local, oriental, as well as western and continental foods are available throughout the day. Entertainment and recreational activities such as golfing are easily available. Or immerse yourself in a shopping adventure. Malaysia's relatively

low cost of living and the wide array of choices for shopping have made it a shoppers' haven and value for money destination.

Let your dream holiday come true in Fascinating Malaysia.





# Education System in Malaysia...



## NATIONAL EDUCATION SYSTEM

Education is the responsibility of the federal government. The national education system encompasses education beginning from pre-school to higher education. Primary and secondary education are free but not compulsory. The admission age to the first year of primary education is six. Students sit for common public examinations at the end of primary, lower secondary, upper secondary and sixth form levels.

The primary level covers a period of six years, the lower secondary three years, followed by two years at the upper secondary and another two years at post-secondary level. Tertiary education in both the academic and professional fields are provided by universities, colleges and other public and private institutions of higher learning.

**Tertiary education consists of two major components:**

1. Public (government funded) institutions of higher learning; for example, public universities, polytechnics and teacher training colleges.
2. Private (private funded) higher educational institutions; for example, private colleges, private universities and foreign university branch campuses.



## PRIVATE EDUCATION

Private education is the education provided to students by the private educational institutions, which are non-government-aided.

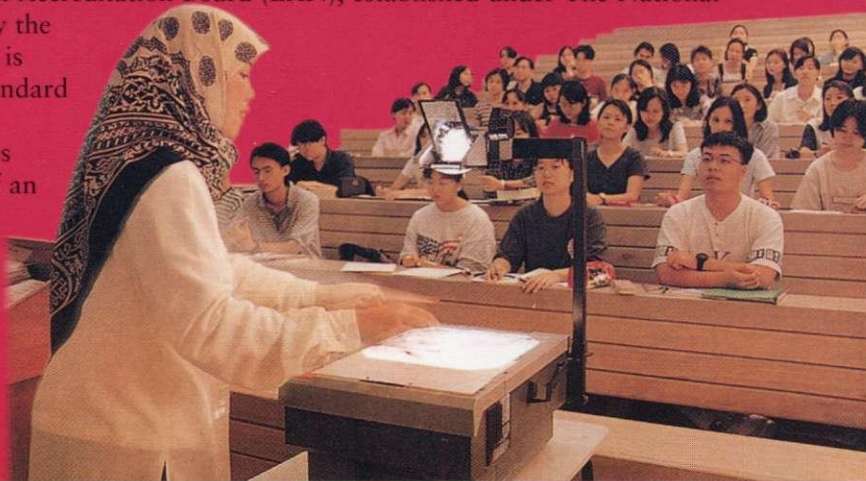
The private educational institutions offer nursery, pre-school, primary, lower secondary, upper secondary to post-secondary education as well as tertiary education leading to the award of certificate, diploma and degree qualifications.

The private higher educational institutions (PHEIs), comprised of private colleges and private universities, play a significant role in fulfilling the needs of tertiary or higher education for the locals as well as foreign students. The PHEIs provide a wide range of internationally rated internal qualification programmes, foreign university awarded degree programmes, professional and semi-professional courses as well as English courses.

The PHEIs also offer a wide range of choices of courses with various modes of studies for selection and assured quality education. To ensure quality education and to safeguard the interests of the public and students, all private educational institutions are required to register with and approved by the Ministry of Education Malaysia. In addition, the National Accreditation Board (LAN), established under The National



Accreditation Board Act 1996 by the Government as a statutory body is responsible for governing the standard and quality of higher education provided by the PHEIs. It ensures that the education provided is of an international standard which will benefit students immensely.





## QUALITY PROGRAMMES WITH MANY OPTIONS

Local and foreign students in the pursuit of higher education would be spoilt for choice with Malaysia's approved private educational colleges, institutions and universities. Poised as the regional centre of educational excellence in Southeast Asia and Asia Pacific, Malaysia's educational programmes are of high quality and international standard, being monitored by the government. Approved by the Ministry of Education Malaysia, these institutions are governed by the Education Act 1996, the Universities and University Colleges (Amendment) Act 1996, Private Higher Educational Institutions Act 1996, The National Council on Higher Education Act 1996 and the National Accreditation Board Act 1996.

The programmes offered are externally recognised and accredited by the universities from Australia, New Zealand, United Kingdom and United States of America. English, the lingua franca, is the medium of instruction making this a plus factor for students who aspire to career success.

## TYPES OF HIGHER INSTITUTIONS

### *Private Colleges (PCs)*

- Awarding Certificate and Diploma qualifications.
- Conduct franchised bachelor degree programmes and external professional qualifications

### *Private Universities and University Colleges*

- Awarding their own degrees and qualifications

### *Branch Campuses Of Foreign Universities*

- Awarding identical degree as the host university

### *Distance Learning Centres*

- Awarding various academic qualifications (mode of presentation is through video conferencing, telephone and internet)

### *Public Universities*

- Awarding their own degrees and qualifications



### **Private Colleges (PCs) - Various Categories of Programmes Conducted**

Internal awards at certificate and diploma levels. Either full-time or part-time, students can earn their qualification from the study programmes awarded by PCs which are recognised by a majority of the local universities and many foreign universities for admission into year one or two of the first degree programmes.

### **Preparing Students For External Professional Examinations**

PCs undertake to provide classes with tutorial support for students and prepare them for the external examinations set by the local or foreign examination boards which will award students with the qualifications are from:

- Professional associations (Malaysian Association of Certified Public Accountants, Engineering Council)
- Semi-professional associations (Institut Bank-Bank Malaysia, LCCI Examination Board-UK, National Computing Centre-UK, ACCA-UK)
- External academic programmes at post-secondary levels (Sijil Tinggi Persekolahan Malaysia, GCE "Advance" Level-UK)
- External English programmes (University of Cambridge Local Examination Syndicate)

### **Bachelor Degree Programmes From UK, USA, Australia, NZ, Canada and Malaysian Universities**

Students can do their bachelor degree programmes at PCs, which have an inter-institutional collaborative arrangement with host-universities. Students can select to pursue a local public

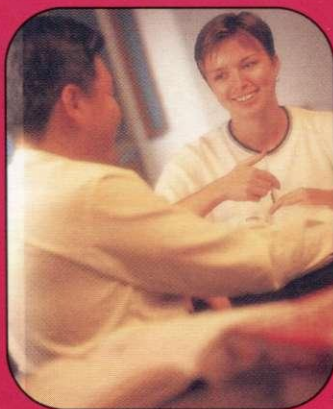


university degree programme or those which are awarded by foreign universities from various countries. The common arrangement that PCs have with host universities leading to a degree qualification is either the Split Degree or the Entire Degree Arrangement.

#### **A. Split Degree Arrangement:**

This comes under the Twinning Degree, Credit Transfer Degree or the Advance Standing Entry (Validated) Programmes.

**TWINNING DEGREE PROGRAMME** allows the student to partially complete the programme at the local PCs with the remaining years at the specified foreign partner-university, which will then award the degree.



**CREDIT TRANSFER PROGRAMME** means the PCs have a link-up with different foreign universities and students having met the required credit hours of the subjects studied locally, can transfer to the foreign university of their choice.

**ADVANCE STANDING ENTRY PROGRAMME** requires students to study for 1 or 2 years in the local PCs and the courses offered are validated and moderated with 'Advance Standing' status by a group of overseas universities. This means the courses are recognised in part or full and will be awarded a diploma qualification upon completion at the local colleges.

#### **B. Entire Degree Arrangement:**

The following manner of operation allow the entire bachelor degree programmes to be done in the PCs.

'3+0' Foreign University Degree Franchised Programme

- Local Public University Degree Franchised Programme
- External Programme.
- Distance Learning Programme

#### **'3+0' FOREIGN UNIVERSITY DEGREE FRANCHISED PROGRAMME**

Under this arrangement, the PC is permitted by the foreign partner university to conduct the entire degree programme in Malaysia for the foreign-partner university, which will then award the degree qualification.

#### **LOCAL PUBLIC UNIVERSITY DEGREE FRANCHISED PROGRAMME**

The degree programme of the Malaysian local public university is conducted by the appointed PCs.

#### **EXTERNAL PROGRAMME FOR DEGREE QUALIFICATION (LOCAL AND FOREIGN)**

A student registers for the external programme at the PC which functions as a tutorial centre preparing the student to sit for the final examination. The degree obtained is no different from that awarded to the internal students of the foreign university.

#### **DISTANCE LEARNING PROGRAMME**

Similar to the external degree programme, students study through the internet, video-conferencing, television, radio and studio-visual materials. The PCs provide tutorial support to the students.

#### **MASTER DEGREE AND POST-GRADUATE PROGRAMME**

In collaboration with foreign universities and local public universities, PCs in Malaysia offer students a wide range of Master degree and Post-graduate studies with relatively cheap cost of tuition fees combined with international standards of education. The tuition fee is very competitive ranging from RM19,000 (US\$5,000) to





RM32,000 (US\$8,500).

### PRIVATE UNIVERSITIES AND BRANCH CAMPUSES OF FOREIGN UNIVERSITIES-TYPES OF COURSES OFFERED

Students can either study full-time or part-time at these universities to earn their qualification awarded by the universities at both bachelor degree and post-graduate levels. The relatively cheap course fee combined with worldwide recognised qualification make these campuses a much sought after place by local and international students. The areas of study range from business, engineering, IT to medicine.

### COST OF LIVING IN MALAYSIA

The attraction for foreign students to study in Malaysia is the relatively cheap cost of living. The total cost of expenditure for accommodation, either on-campus or off-campus, is reasonable and within the students' budget. Depending on the location, the average monthly rental for a single room (twin-sharing) per student is between RM150.00 - RM250.00. Other expenses such as food, transportation, laundry and other essentials, based on an ordinary lifestyle, are estimated to be RM500.00 - RM600.00 per month.

### COST OF STUDY IN MALAYSIA

Estimated total tuition fees for Bachelor degree programmes offered by Malaysian private colleges and universities by areas of study and paths of graduating are as in the table below:

Source: Study Malaysia Handbook, published by Challenger Concept (M) Sdn Bhd

Note: The figures below are estimates. Students are advised to check with the respective institutions for confirmation.

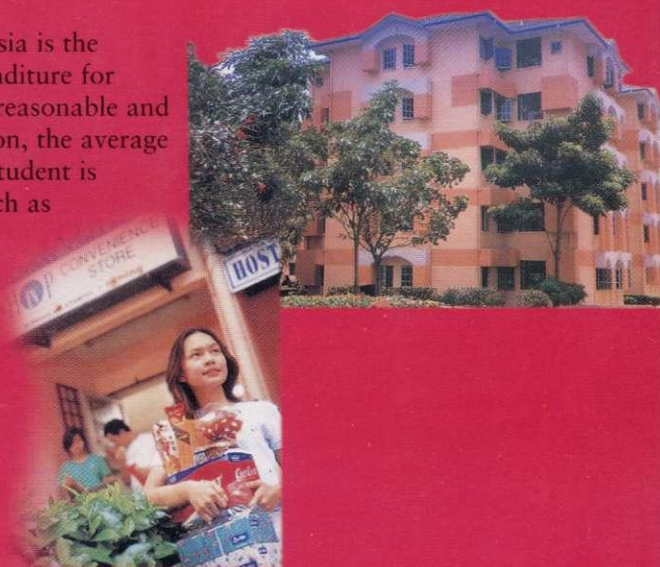
### IMMIGRATION REQUIREMENTS

Areas of Study	Paths of Study				
	Entire Degree in Malaysia				Split Degree
	(1)	(2)	(3)	(4)	(5)
	3+0 Foreign Degree Programme. (3 yrs) RM	Foreign University Branch Campus (3yrs) RM	Private University of Malaysia (3yrs) RM	Virtual Learning in Malaysian University (3yrs) RM	Twinning Degree Programme (2+1yrs) RM
Accounting	33000	-	30000	-	55000
Business	33000	54000	30000	16000-30000	55000
Engineering	35000	92000 (4yrs)	40000	-	66000
IT	34000	58000	35000	16000-30000	60000
Medicine	-	-	250,000 (5yrs)	-	250,000 to 350,000 (2+2.5 yrs)
Law	14000 (external)	-	-	-	57000
Hospitality	43000	-	-	-	50000
Music	64000 (4yrs)	-	-	-	140,000 (2+2 yrs)

Every foreign student should meet the requirements of the Immigration Department of Malaysia.

### Conditions to qualify as a student:

- being accepted for a full-time course of study (inclusive of English programme) at a public or private higher educational institution





- having the financial capability to meet the course fees and living expenses
- not intending to work in Malaysia
- leaving Malaysia at the end of studies
- possessing good health and character
- intending to seek entry for study purposes only

#### APPLICATION PROCEDURE:

All applications for students' passes by foreign students are done through Malaysian educational institutions. The processing, approval and issuance of foreign student passes or visas are done by the Immigration Department in Malaysia except for the students from the People's Republic of China (PRC). The students from PRC will get their visas from the Embassy of Malaysia or the Consulate of Malaysia in PRC.

Parents of foreign students who accompany their children to Malaysia are allowed to stay for a duration of six months.

For further information on the immigration procedures, foreign students can contact the Immigration Department of Malaysia at the following address:

#### Director

Visa, Pass and Permit Division

Immigration Department

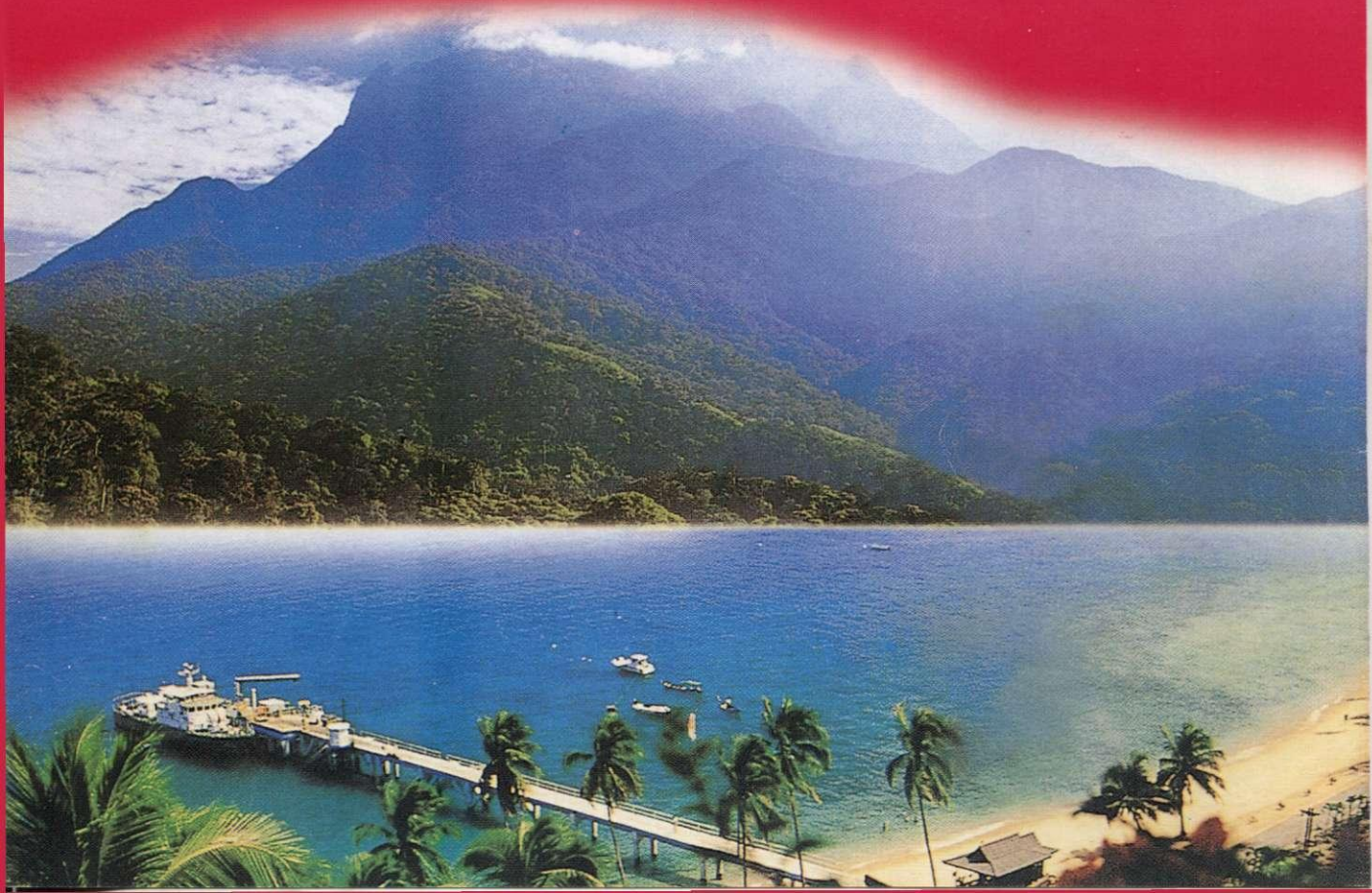
4th Floor, Block 1, Damansara Town Centre,

50550 Kuala Lumpur, Malaysia.

Tel: (+ 603) 2505696 Fax: (+ 603) 2524911

E-mail: [pro@imi.gov.my](mailto:pro@imi.gov.my)

Homepage: <http://www.studymalaysia/immigration>





# INTI College

A composite image featuring a large, modern, light-colored building with a prominent portico supported by several tall columns. The building has multiple stories and many windows. In the foreground, four students in white lab coats are working in a laboratory setting. They are using microscopes and looking at a specimen. The scene is set outdoors with green plants and yellow flowers. The overall tone is educational and professional.

Tropical  
Rainforest



# INTI COLLEGE MALAYSIA

## Tropical Rain Forest

### WELCOME TO INTI COLLEGE

INTI College, a premier private institution of higher learning, was established in 1986. With fourteen years of experience in the education field, INTI College has now grown to span 5 campuses in Malaysia situated in Subang Jaya, Penang, Kuching, Kota Kinabalu and the main campus in Bandar Baru Nilai. INTI has also expanded beyond Malaysia to conduct programmes in Beijing, China (Beijing INTI Management College) since 1993 and just this year, another campus in Bangkok, Thailand (St. Theresa - INTI College). In total, INTI College has reached an enrollment of over 11,000 students with about 4,300 students studying at INTI College's main campus.



The main campus, INTI College Malaysia, otherwise known as ICM, covers an area of 55 acres and is located in the State of Negeri Sembilan, not far from the Kuala Lumpur International Airport and Malaysia's Multimedia Super Corridor.

Over the past decade, the importance of globalization has made way not only in the business world, but it has also made an impact in the education world. INTI College recognizes and appreciates the importance of an international

culture on campus and very much welcomes international students into its large family. With an international student population of 16%, INTI creates a culturally diverse learning environment for both local and international students. Students from over 32 countries have made INTI their home. As such, we have a well-established support system to cater to the array and diverse needs of international students.

### INTRODUCTION TO MALAYSIA'S TROPICAL RAINFOREST

Malaysia is situated in a wet tropical area in which the climate has not changed since time immemorial. The tropical rainforest in Malaysia is one of the oldest in the world. The forest is the home of a huge variety of plants, animals and microorganisms. It provides an important source of livelihood to many of the Malaysian aborigines and a gene pool for scientists in their constant search for new discoveries in medicine and agriculture. This ancient natural ecosystem can be destroyed if we are not careful. This course will give participants some knowledge of and experience the ancient natural heritage unique to this part of the world.

### OBJECTIVE

The course will give participants an exposure to the complexity and importance of the tropical rain forest as a web of nature.

### DURATION

2 weeks

### FEES PER PARTICIPANT

RM4,500 inclusive of the following

- Application fee
- Tuition fee for 1 course
- Accommodation (either at INTI college or excursion sites ) & meals for 2 weeks.
- Excursions.

### PROPOSED STARTING DATE

June/July

### MINIMUM NUMBER

30 Participants

### AGE

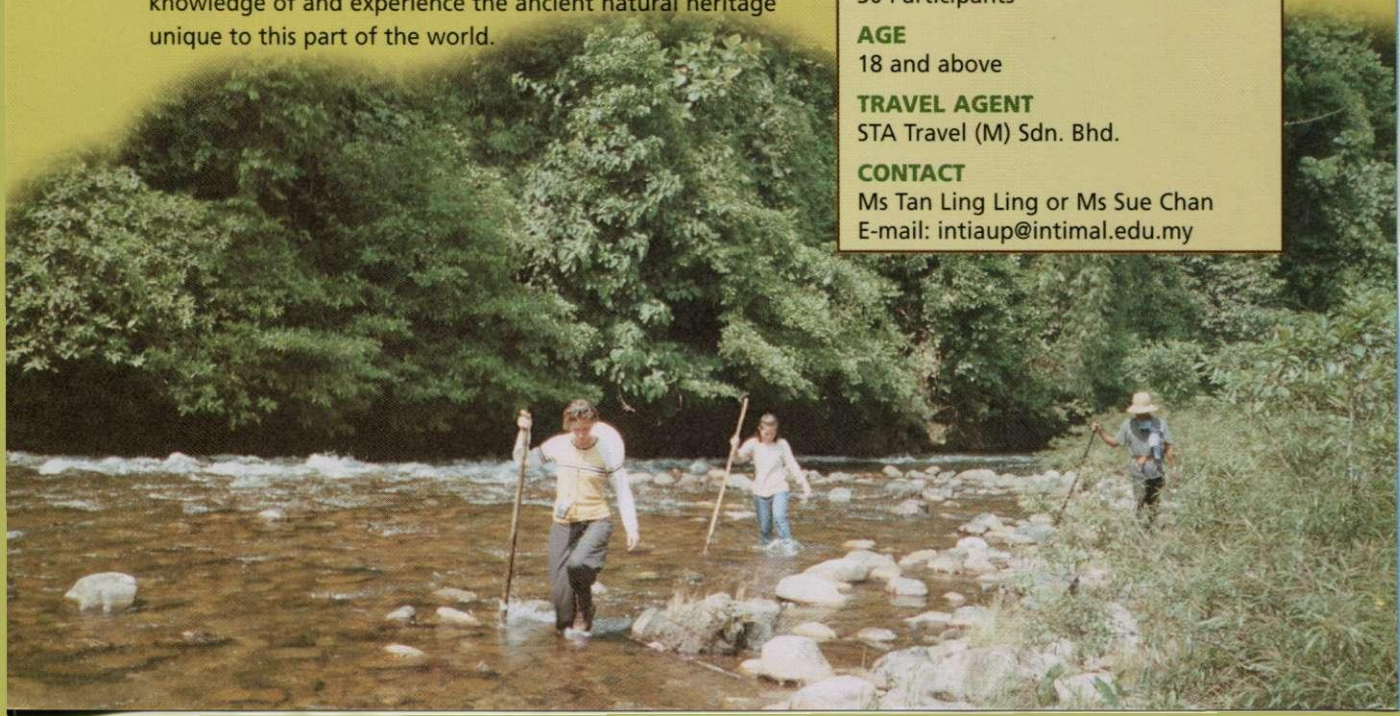
18 and above

### TRAVEL AGENT

STA Travel (M) Sdn. Bhd.

### CONTACT

Ms Tan Ling Ling or Ms Sue Chan  
E-mail: [intiaup@intimal.edu.my](mailto:intiaup@intimal.edu.my)





## WEEK 1

## ITINERARY

Saturday		Arrival & Airport pick-up at KLIA Get settled into Campus housing Accommodation at INTI College
Sunday	Morning	Orientation at Port Dickson Intro Class: The Main Features of the Tropical Rain Forest
	Afternoon	Orientation at Port Dickson Accommodation at Port Dickson
Monday	Morning	Orientation at Port Dickson Class: An Introduction to the Geography of the Region and the Main Features of the Climate.
	Afternoon	Class: The Diversity of Species and their Adaptations. Accommodation at Port Dickson
Tuesday	Morning Afternoon & Evening	Get back from Port Dickson Welcome at INTI College Accommodation at INTI College
Wednesday	Whole Day	Trip and Integrated Class at Kuala Selangor (8 hours) - Trek in the rainforest, dinner and boat ride to see fireflies in the evening. Classes include The Dominance of Trees of Different Heights & The Relationship Between The Trees and Other Plants Accommodation at INTI College.
Thursday	Morning	Class: The Role of Gaps and River Banks within the Forest Class: Stratification within the Forest and the Ecology of Each Layer
	Afternoon	Kuala Lumpur City Tour & Shopping Accommodation at INTI College



## WEEK 2

Friday, Saturday & Sunday	Whole weekend	Tour Malacca City Homestay at a Kampung Site in Malacca - Students will be given the opportunity to experience staying overnight with a local family in Malaysia. This will expose students to the culture, customs and way of life of the local community. Accommodation at Homestay Site.
Monday	Whole Day	Trip and Integrated Class at FRIM Park. Classes include The Richness of the Fauna & The Forest Floor and The Role of Microorganisms. Accommodation at INTI College.
Tuesday	Whole Day	Trip and Integrated Class at Sophia Waterfall. Classes include The Role of Forest in Soil and Water Conservation & Conservation of Tropical Rain Forest & The National Parks. Accommodation at INTI College.
Wednesday	Morning	Class: The Tropical Rain Forest in Recreation, Tourism and Education.
	Evening	Class: The Impacts of Humans on Natural Rain Forests. Farewell Party at INTI College Accommodation at INTI College
Thursday - Sunday		4 days/3 nights trip to Taman Negara, inclusive of coach, hotel and meals. Taman Negara extends over 430,000 hectares of primary forest that is over 130 million years old. Accommodation at Taman Negara.
Sunday		Depart Malaysia





# Kolej Bandar Utama



@rt & Design



## KOLEJ BANDAR UTAMA

### *Bandar Utama College*

**KOLEJ BANDAR UTAMA (KBU)** is a private tertiary educational institution located on a 13-acre site in Petaling Jaya, a satellite town of Kuala Lumpur. KBU offers quality education in collaboration with internationally recognised universities. Courses offered are in the fields of engineering, computing, business and art & design. KBU provides state-of-the-art facilities in its numerous engineering laboratories, art & design studio, library, computer centre, lecture rooms and lecture theatres. KBU has a purpose-built campus with both academic and recreational/sports facilities where students could experience a holistic education within a campus. The summer programme conducted at KBU is an exposure to the Malaysian art scene. The emphasis will be on 'batik' painting/printing, an art form that is typically Malaysian. Participants will experience college life at KBU as well as visit the many beautiful places of interest in tropical Malaysia.

### Introductory Short Course In Appreciation of Art & Design With Emphasis on Batik Printing

The target market will be students within the age group of 18 to 22 years old.

The short course on appreciation of Art & Design with emphasis on batik printing will take 4 days at Kolej Bandar Utama (KBU) and a batik factory. The remaining days will be for visiting interesting sites and places. This Summer Workshop will introduce batik printing and Chinese seal carving. Participants need not have previous knowledge in Art & Design.

For participants visiting during June/July (Northern Hemisphere Summer) they will be taken on a city tour of Kuala Lumpur first before visiting Taman Negara, Kuantan, Malacca and Penang. Details on this are in Appendix 1.

For participants visiting during November/December (Southern Hemisphere Summer) they will be taken on a city tour of Kuala Lumpur first before visiting Penang, Pedu Lake and Malacca. Details on this are in Appendix 2.



#### A. Day 1 to 5 with KBU

##### **Accommodation:**

Students will stay in KBU's student hostel/student house which is five minutes walk from the KBU campus. The hostel is located within the Bandar Utama Centre Point, a neighbourhood convenience centre. Student houses are also within 5 minutes walk from the Bandar Utama Centre Point.

##### **Meals:**

These will not be provided except for a Buffet Dinner hosted by KBU on the final evening with KBU. At the Centre Point there is a



typical Malaysian coffee shop with a variety of hawker stalls. There are other restaurants within the complex, including a McDonald next door. Since food is easily available and in varieties, meals will not be included in order to give the students the flexibility of choice.

##### **Items Provided:**

Students will be provided with a "Beginner's Pack" of materials required for the short course. A "Welcome Pack" containing information on KBU, the surrounding areas of Bandar Utama and Tourist Information Pamphlets will also be provided.



## WORKSHOP SCHEDULE

9 am to 12.20 pm : Morning session  
 12.20 pm to 2 pm : Lunch break  
 2.30 pm to 4.30 pm : Afternoon session

### Day 1

Met at the Kuala Lumpur International Airport (KLIA) by travel agent and staff from KBU and transfer to KBU hostel/student house. Students will be given the Welcome Pack.

Dinner: Own. Free time to wander around.

### Day 2

Breakfast: Available at coffee shop on Ground Floor of Centre Point where hostel is located.

**9 am:** Welcome at KBU. Introduction to Art & Design and view a video clip about Malaysia.

**10 am:** Commence Grand Tour of Kuala Lumpur, Capital of Malaysia.

#### Places to be visited:

- Masjid Jamek, the oldest and most beautiful mosque in the city.
- National Monument with its 50 feet bronze memorial - dedicated to Malaysia's national heroes who died during the emergency period.
- Photo stops at the King's Palace, the Moorish style Central Railway Station and Independence Square.
- National Museum - a repository of Malaysia's rich cultural heritage.



Lunch: Sample an Indian vegetarian buffet lunch at the Annalakshmi Restaurant.

- Malaysian Craft Centre (Kompleks Budaya Craft) - discover exquisite treasure trove of intricate artistry - the famous batik, songket, embroidery, beads, carving, pottery, basketry, silver, brassware, tapestry and a range of other Malaysian arts and crafts.
- Kuala Lumpur Tower - reputed to be the tallest in Asia. Enjoy a breathtaking view of the city's famous landmarks and skyscrapers.

- Petronas Twin Towers at Kuala Lumpur City Centre - visit the Petronas Science Centre (Admission fee included in package).  
 Dinner: Malay buffet dinner at Seri Melayu Restaurant. Sample Malay food and Malay cultural and folk dancing.

Return to KBU Hostel/Student house.

### Day 3

Breakfast: Own

**9 am:** Introduction to Batik printing at KBU.

**12.30 pm:** Lunch at KBU student cafeteria at own cost.

**2 pm:** Proceed to Batik factory to continue course.



**4.30 pm:** Return to hostel/student house in Bandar Utama.

Dinner: Own. Free evening to check out Petaling Jaya and surrounding areas. Visit a night market (Pasar Malam) if available.

### Day 4

Breakfast: Own

**8.30 am:** Leave for factory to continue Batik printing course.

**12.30 pm:** Lunch at Batik factory.

**2.30 pm:** Finale of Batik printing course at factory.

Dinner: Own. Free evening to check out entertainment outlets.

### Day 5

Breakfast: Own

**9 am:** Commence Chinese seal carving course at KBU.

**12.20 pm:** Lunch at KBU cafeteria at own cost.

**2.30 pm:** Mini Exhibition of participants' work.

**7.30 pm:** Buffet Dinner hosted by KBU

### B. DAY 6 TO 13 - TOUR OF INTERESTING SITES OF MALAYSIA

#### Day 6 to 13

See Appendix 1 for June/July period.

See Appendix 2 for November/December period.

#### Terms & Conditions:

1. Require a minimum of 30 participants, with maximum of 35.
2. Price per participant: RM4,170. For single room supplement at hotel to add RM270 per participant.
3. Accommodation:  
 At KBU: Twin sharing. Fan provided.

#### During tour:

Twin sharing rooms in hotels except in Taman Negara where hostel is provided.





Single rooms available only in hotels upon request and additional payment of RM270 per participant.

4. Local transfers: By air-conditioned coach and/or train for travel to Penang.
5. Services of a qualified and licensed English speaking guide provided during the tour.
6. Admission fees while on tour included as mentioned in the itineraries in Appendices 1 and 2.
7. Price quoted will be reconfirmed at the actual time of booking.
8. Price quoted does not include airfares to Kuala Lumpur, Malaysia or Insurance Cover such as travel, personal accident, medical insurance.

## APPENDIX 1 June/July Programme

### Day 6

Kuala Lumpur/National Park (Taman Negara)

**8.00 am:** Depart for Kuala Tembeling jetty by air-conditioned coach.

Lunch: At Jerantut Rest House.

**2.00 pm:** Boat ride from jetty to Kuala Tahan.

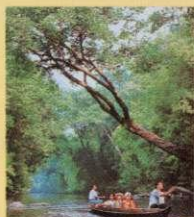
Dinner: At Teresak Cafeteria.

Video presentation on Taman Negara at Interpretive Centre.

Experience night jungle walk.

#### Accommodation:

Hostel (dormitory style - 8 persons per room.)



### Day 7

Explore Taman Negara



Breakfast: At Teresak Cafeteria  
Jungle trekking to Canopy Walkway at Teresak Hill.

Lunch: At Teresak Cafe.

Boat trip to Lata Berkoh for swimming.

Dinner: At Teresak Cafe.

### Day 8

Taman Negara/Kuantan

Breakfast: At Teresak Cafeteria.

**9.00 am:** Depart by boat to Kuala Tembeling Jetty.

Lunch: At Jerantut Rest House. Depart for Kuantan.

Dinner: At local restaurant. Night tour of Kuantan.

**Accommodation:** Seri Malaysia Hotel, Kuantan.

### Day 9

Kuantan/Malacca

Breakfast: At hotel.

Depart for Malacca

**Accommodation:** Puri Hotel (typical Nyonya house).

Lunch: Experience a Peranakan lunch.

### Malacca City Tour:

- The famous gateway "Porta De Santiago, ruins of St. Paul's Church and Dutch Stadhuys.
- Cheng Hoon Temple - oldest Chinese temple in Malaysia.
- Baba Nyonya Heritage Museum - Baba Nyonya culture arose from intermarriage between early Chinese and local Malays.
- Stroll along Jonkers Street - renowned for antiques.



Dinner: Portuguese dinner.

### Day 10

Malacca/Kuala Lumpur/Penang

Breakfast: At hotel  
Free at leisure.

Lunch: Own.

Depart for Kuala Lumpur enroute to Penang.

#### In Kuala Lumpur visit:

- Batu Caves - climb 272 steps up into limestone cave which houses the Hindu holy shrine of Lord Subramaniam.
- Royal Selangor Pewter factory.
- Free time to stroll along Chinatown and Central Market.

Dinner: Own

**9.00 pm:** Transfer to Central Railway Station for Penang by 2nd class air-conditioned train to Butterworth arriving at 6.40 am the following morning.

### Day 11

Penang

**Accommodation:** Holiday Inn Resort, a beach hotel.

Breakfast: At hotel.

**Visit:** Commence Penang Heritage Trail. Georgetown, Fort Cornwallis, City Hall, Court Building, State Museum, Little India, Kapitan Keling Mosque, Dr Sun Yat Sen's Penang Base, Syed Alatas Mansion, Acheen St. Mosque.

Lunch: At local restaurant.

Kek Lok Si Temple - Temple of Ten Thousand Buddhas.

Ascend Penang Hill - oldest British hill resort in Asia.

Dinner: At Gurney Drive - coffee shop/hawker style local food.

### Day 12

Penang/Kuala Lumpur

Breakfast: At hotel

Depart for Kuala Lumpur by air-conditioned coach.

**Accommodation:** Park Inn Hotel Kuala Lumpur.

Drive past the following at Kuala Kangsar enroute to Kuala Lumpur:

- Ubudiah Mosque





- Sultan's Palace
- Lunch: At Ipoh.  
Visit Cave Temples.  
Dinner: Own

### Day 13

Depart Kuala Lumpur  
Breakfast: At hotel  
Transfer to Kuala Lumpur International Airport for flight home.

## APPENDIX 2

### November/December Programme

#### Day 6

Kuala Lumpur/Penang  
Breakfast: At hotel  
Leave for Penang by air-conditioned coach.  
Lunch: At Ipoh.

**Visit:** - Cave Temple

In Kuala Kangsar, enroute to Penang, visit:

- Ubudiah Mosque
- Sultan's Palace



Cross the famous Penang Bridge - longest bridge in Asia.

**Accommodation:** Holiday Inn Resort, Penang, a beach hotel.

Dinner: At Gurney Drive - coffee shop/hawker style local food.

#### Day 7

Breakfast: At hotel

**Visit:** Commence Penang Heritage Trail.

Georgetown, Fort, Cornwallis, City Hall, Court Building, State Museum, Little India, Kapitan Keling Mosque, Dr. Sun Yat Sen's Penang Base, Syed Alatas Mansion, Acheen St. Mosque  
Lunch: At local restaurant.

- Kek Lok Si Temple- Temple of Ten Thousand Buddhas
  - Ascend Penang Hill- Oldest British Hill resort in Asia.
- Dinner: At Gurney Drive- Coffee shop /hawker style local food.

#### Day 8

Pedu Lake

Breakfast: At hotel.

Depart for Pedu Lake by air-conditioned coach.

**Accommodation:** Pedu Golf & Lake Resort - a man- made lake surrounded by one of the world's oldest tropical virgin rainforest.

Lunch: At Resort.

Free at leisure. Experience the 18-hole golf course, watersports, indoor games, tennis/squash, fishing, lake-swimming (life jackets provided) or swimming in the pool are some of the activities available. Charges, if any, are on personal account.

Dinner: Buffet dinner at Resort.

#### Day 9

Pedu Lake

Breakfast: At Resort

Morning jungle trekking.

Lunch: Buffet lunch at Resort.

Afternoon Teambuilding - outdoor obstacle course, including river crossing.

Dinner: BBQ Dinner at Resort.

#### Day 10

Pedu Lake/Kuala Lumpur

Breakfast: At Resort

Depart for Kuala Lumpur by air-conditioned coach.

**Accommodation:** Park Inn Hotel, Kuala Lumpur.

Lunch: At local restaurant.

Dinner: Own

#### Day 11

Kuala Lumpur/Malacca

Breakfast: At hotel

Depart for Malacca by air-conditioned coach.

**Accommodation:** Puri Hotel (typical Nyonya House).

Lunch: Experience a Peranakan lunch in Malacca.

Malacca City Tour:

- The famous gateway "Porta De Santiago", ruins of St. Paul's Church and Dutch Stadhuys.
  - Cheng Hoon Temple, oldest Chinese temple in Malaysia.
  - Baba Nyonya Heritage Museum - Baba Nyonya culture arose from intermarriage between early Chinese settlers and local Malays.
- Stroll along Jonkers Street - renowned for it's antiques.  
Dinner: Portuguese dinner.

#### Day 12

Malacca/Kuala Lumpur

Breakfast: At hotel

Free at leisure

Lunch: Own

Depart for Kuala Lumpur.

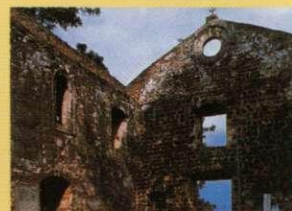
**Accommodation:** Park Inn Hotel, Kuala Lumpur.

Dinner: Own

#### Day 13

Depart Kuala Lumpur

Breakfast: At hotel. Transfer to Kuala Lumpur International Airport for flight home.





# Kolej Damansara Utama

KOLEJ DAMANSARA UTAMA

Malaysian  
Culture





# KOLEJ DAMANSARA UTAMA

KDU, a progressive college, has been in the forefront of education since 1983. Over the last two years, it has invested over RM4 million in computing and engineering equipment as well as general upgrading of its facilities. In 1998, it made a RM1 million investment in library books and resources. Among other things we have at KDU Petaling Jaya.

- One of the oldest and finest colleges in Malaysia with 17 years of proven track record.
- A total alumni of 25,000 and affiliations with some of the best universities in the world.
- A purpose-built campus with modern facilities.
- A wide range of academic, vocational, technical and professional courses:

- American University Studies
- Computing & Information Systems
- Hotel & Tourism Management
- Pre-University Studies
- Centre for professional Education and Development
- Business
- Engineering
- Law
- Communication



## School Of Hotel and Tourism Management

KDU takes pride in having graduated personnel of high quality and calibre who are commended by the industry and are holding senior positions in the hospitality field throughout Malaysia and the region.

Over the years, the college through its School of Hotel & Tourism Management has achieved an excellent image, having been called upon to assist in significant international functions. To name a couple, the Sultan of Brunei Silver Jubilee and the Petronas F1 Grand Prix, Sepang. The college also constantly upgrades its training facilities and recently has invested heavily on the latest kitchen equipments, a billing system and renovation of its two training restaurants.

One of the attractive features of our Hotel management programme is the placement of our students in reputable local hotels during the course of their studies where their practicals skills are enhanced in real-life situations. Our graduates are readily absorbed into the workplace.

Our Tourism Management students are put "on location" through trips of significant touristic value so that they have a feel of the needs of this industry.

KDU Hotel & Tourism Management students have access to the following state-of-the-art facilities:

- Training Restaurants
- Preparation/ Production Kitchens
  - Pastry Kitchen
  - Mock Suites
  - Front Office

### MALAYSIAN CULTURE

Culture is one of those all-embracing terms that, at its broadest, may be considered to encompass virtually every aspect of life, a manifestation of the growth of a community. In this respect Malaysia is particularly rich, being the home of the representatives of four of the world's major cultures:- Islamic, Chinese, Indian and Western - as well as possessing a vigorous indigenous culture of its own. The profusion of religions





and cultures translates into an enormous variety of ritual celebrations and parades throughout the year.

A wealth of history has wrought a state of cultural diversity. The influx, through the ages, of immigrants, traders, and conquerors form part of the triumvirate that constitutes the majority of Malaysia's multi-ethnic, multi-religious population today. Inter-marriages have produced a fusion of cultures, of which the Baba dan Nyonya are thought to be among the most colourful and exotic. Indigenous communities are to be found throughout the country. Inter-marriage among the Malays, Chinese, and Indians is quite common. In short, Malaysia is an amalgam, a melting pot of people and culture, of style and influence, which permeates all aspects of life.

The diversity of the country is maintained in both its old buildings and the elegant architecture of its modern building. In view of the multi-racial character of Malaysian society, various architectural influences are reflected in the buildings of the country. Conservation and preservation of built heritage are well looked into for the benefit of Malaysia's future generation.

Besides the above, games and traditional pastimes in Malaysian society are legends. Although primarily identified with particular ethnic groups, many of them now have been adopted or taken up by other ethnic groups in Malaysia. Some of these favourites include congkak, kite-flying, top spinning, self-defense, sepak takraw, lion dance and many others.

Malaysia is also renowned for her majestic work of art ranging from performing arts to handicrafts. Through the promotion of dance, drama and music, these mystical coalescence of culture can be offered to the world. It is KDU's wish that the introduction of programs such as this, shall put our Malaysian culture on a higher pedestal.

KDU hopes that the usage of its facilities will assist the government in promoting education as a new tourism product for the country.

### **Aim**

The aim of this course is to expose students to the existence of culture coalescence and help promote better understanding of the way of life in Malaysia.

### **Mode of Delivery**

Lectures and demonstration of the various cultural activities

### **Workshop**

Cultural tour/visit: Homestay, Museum, Heritage Sites and Cultural Village.

### **Duration**

2 weeks (June-July and September-December)

### **Facilities**

Lecture Halls

### **Auditorium**

Multi-Purpose Hall

Teaching Restaurants (Windows of Damansara)

### **Number of Participants**

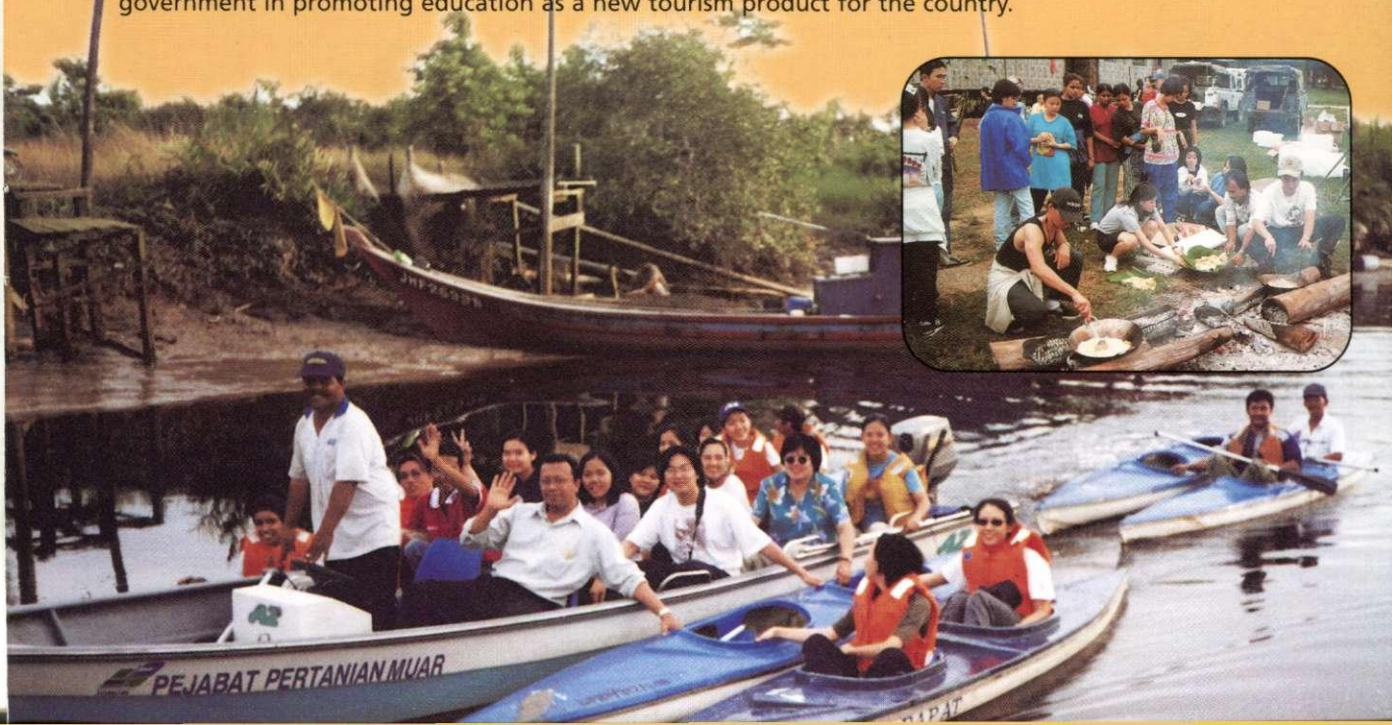
30 to 35.

### **Age Group**

18-21 years old

### **Price**

RM, 3,850 per participant (exclusive of Insurance).





WEEK/DAY	TOPICS AND ACTIVITIES	VENUE
<b>WEEK 1 INTRODUCTION AND SELAMAT DATANG</b>		
Monday	<p>Welcome Greetings and Ice Breaking Hello and Selamat Datang to the School of Hotel and Tourism Management, KDU Introduction of participants Programme Orientation and Socialisation Fascinating Malaysia - An Introduction Cultural Capsule (Do's and Dont's) Malaysia Foreword: Centre of Academic Excellence MSC Economy</p>	KDU, PJ
Tuesday	<p>Basic Learning of the Language</p> <ul style="list-style-type: none"> <li>• City Tour</li> <li>• Night Market Experience</li> </ul>	Kuala Lumpur Petaling St./ Central Market
Wednesday	<p>Introduction to Culture: Malay, Chinese, Indian and the Indigenous of Sabah and Sarawak. Video Presentation Malaysian History and Heritage</p> <ul style="list-style-type: none"> <li>• The Malacca Sultanate</li> <li>• The Federation of Malay States</li> <li>• Building and Architecture</li> <li>• Cultural and Historical Relics</li> <li>• The Bujang Valley</li> </ul>	
Thursday	<p>Cultural Activities and Workshop Dance Performances Music Appreciation Handicraft</p>	KBN Craft Museum Istana Budaya Matic
Friday to Sunday	<p>Homestay - A Living Culture and Lifestyle Activities: Congkak, Top Spinning, Sepak Takraw</p>	Desa Murni Homestay Village
<b>WEEK 2 KNOWING "TRULY MALAYSIA"</b>		
Monday & Tuesday	<p><b>Malaysian Geography</b> An overview of the States in Malaysia</p> <ul style="list-style-type: none"> <li>• History and Culture</li> <li>• Tourism and Attractions</li> </ul> <p>Video Presentation</p> <p>Class Activity: Interaction with local students Gastronomic appreciation Handicraft Costume</p>	KDU, PJ
Wednesday	<p>Architecture as a Cultural Dimension</p> <ul style="list-style-type: none"> <li>• Heritage Centre of Badan Warisan</li> <li>• Bukit Jalil Stadium</li> <li>• Putrajaya</li> </ul>	Tour & Guide
Thursday Friday Saturday	<p>Depart To Taman Negara (3D2N) Group Discussion and Evaluation Individual Feedback and Experience on the Programme Closing Address: Prog. Coordinator and Team Leader Certificate Presentation Ceremony Photography Session and Barbeque Dinner Free at Leisure</p>	Kajang Satay Taman Negara
Sunday	<p>Free at Leisure until transfer to KLIA Goodbye and hope to see you again</p>	Hotel/Hostel



# Nilai College



The Colourful  
Cultures of  
Malaysia



# NILAI COLLEGE MALAYSIA

## Educational Summer Camp

### For Foreign Students

#### Introduction

Nilai College is a fully residential private institution of higher learning in Bandar Baru Nilai, Negeri Sembilan offering a wide range of tertiary education opportunities. Located on a 105-acre site, Nilai College is the largest private college in Malaysia. It is one of the few private institutions of higher learning in Malaysia to offer students a true campus style environment with excellent academic and recreational facilities.



Bordering the Multimedia Super Corridor Belt, Nilai College is a mere 15 minutes drive from the Kuala Lumpur International Airport (KLIA). Access to Bandar Baru Nilai is via some of the best highways in the country such as the North-South Expressway and

the KLIA - Sepang ELITE Highway. Set amidst peaceful surroundings, Nilai College is by far the most picturesque college in Malaysia offering students a conducive environment to learn and develop as individuals.

Founded in 1995 by PK Resources Berhad (formerly known as Peladang Kimia), Nilai College was established in direct response to the Government's call to make Malaysia a regional centre of educational excellence. Open to all, regardless of gender and race, Nilai College welcomes all students, both local and foreign, for an enriching, bountiful and rewarding educational experience.

#### Objective

The camp will give participants an exposure to the varied and colourful cultures of Malaysia

#### Duration

10 days/ 9 nights

#### Season

June/July (Northern Hemisphere Summer)

November/December (Southern Hemisphere Summer)

#### Age Group

18-21 years (1st and 2nd year university undergraduates)

#### Group Size

Minimum 30 Maximum 35 participants

#### Visa:

Tourist visa

#### Accommodation:

- i) Student hostel in the College campus on twin-sharing basis for the academic component of the package.
- ii) 3 star hotel or equivalent on twin-sharing basis for tour component of the package.

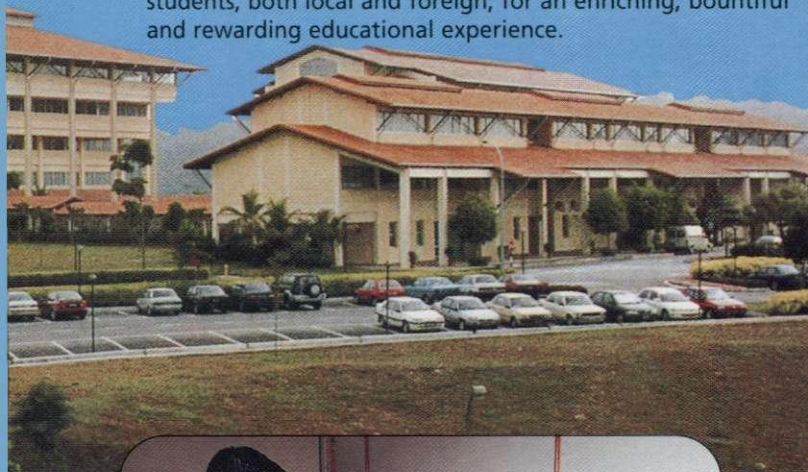
#### Meals:

- i) All meals provided/ Three meals a day (breakfast, lunch and dinner)
- ii) All meals taken at the student cafeteria for the academic component of the package.
- iii) All meals taken at hygienic and safe eating outlets for the tour component of the package.

#### Package fee:

RM3,380 per person.

(The package fee includes all items listed in the itinerary but excludes insurance and airfares).





## Detailed Itinerary

### Day 1

Met at KLIA by College representative and appointed travel agent. Check-in at college student hostel.

### Day 2

#### Morning :

Welcome and introduction.  
Ice breaking activities.  
VCD presentation on Malaysia.  
VCD presentation on Nilai College.  
Nilai College campus tour.

#### Lecture Session 1:

Colourful Malaysia -  
The Different  
Races and Their Cultures.



#### Afternoon:

Proceed to Kuala Lumpur after lunch for a half-day city tour visiting the following landmarks.

**Merdeka Square:** This is a significant historical site as the British flag was lowered for the last time to signify Malaysia's independence on August 31, 1957. The 300 feet flagpole is one of the tallest in the world.

**Sultan Abdul Samad Building:** This building, designed with Moorish-style architecture, houses the Supreme and High Courts and Infokraf, a Malaysian handicraft centre.



**Masjid Jamek:** Built in 1909, this mosque sits at the confluence of the Gombak and Klang Rivers. This is where Kuala Lumpur derives its name, meaning "muddy river mouth."

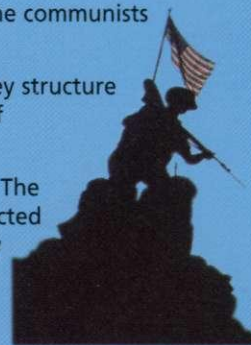
**Kuala Lumpur Train Station:** A Moorish-designed structure built in 1910 and is the most beautiful train station in Asia.

**National Mosque:** This mosque with a contemporary design flaunts a mixture of traditional art, calligraphy, and ornamentation. Its most striking feature is its 18 point star roof representing the 13 states of Malaysia and the five pillars of Islam.

**National Monument:** This monument commemorates victory over the communists in the 1950s.

**Parliament House:** An 18 storey structure which represents the cradle of Malaysian democracy.

**Petronas Twin Towers (KLCC):** The tallest pair of building connected at the 41st and 42nd floors by the world's tallest sky bridge housing a myriad variety of shops, boutiques, and restaurants.



Walk about the famous Bintang Walk and have dinner together.  
(B/L/D)

### Day 3

#### Morning

#### Lecture Session 2:

Influence of the Malays on Malaysian Culture  
Group Activities:

- Basic conversational Malay
- Malay social etiquette
- Introducing Malay Culture through games and performing arts
- College staff and students to perform Malay dances and songs

#### Afternoon:

After lunch, transfer to Kuala Lumpur and Selangor for a city tour with emphasis on the Malay culture.

First stop is the Shah Alam State Mosque, also known as the Sultan Salahuddin Abdul Aziz Shah Mosque.



The blue dome is one of the largest in the world while it also has the tallest minarets in the world.

Next is the Central Market, a converted wet market which now houses a variety of shops selling various handicraft



and souvenir items all under one roof.

There is also a visit to a batik printing factory to see master artists at work creating beautiful Malaysian batik designs.



## Detailed Itinerary

**"Rumah Pak Ali":** A traditional Malaysian building that happens to be an architectural wonder in that no nails, screws, nuts, or bolts were used in joining the timber together. This visit will show wonderful insights into a typical Malay household.

**Royal Selangor Pewter Factory:** It produces some of the world's finest pewter and a house tour will reveal master craftsmen at work.

Enjoy a sumptuous dinner at Seri Melayu Restaurant and be entertained with live cultural shows - including audience participation

(B/L/D)

### Day 4

#### Morning:

#### Lecture Session 3 :

Influence of the Chinese on the Malaysian Culture

Group Activities:

- Chinese social etiquette
- Introducing Chinese culture through games and performing arts
- College staff and students to perform Chinese dances and songs
- Chinese Wu-Shu performance



#### Afternoon:

Proceed to Kuala Lumpur for a half-day city tour visiting the following places of interest.

**Lake Gardens:** This is also known as Taman Tasik Perdana which contains the following attractions - a bird park, a butterfly park, and a beautiful orchid and hibiscus garden giving the peaceful feeling of the outdoors even while in the heart of Kuala Lumpur.

**Tien Hou Temple:** As a temple having interesting oriental architecture comprising dragons and other mythical creatures, it is also one of the largest Chinese temples outside of China.

A delightful Chinese dinner followed by a visit to the open air night bazaar at Petaling Street (Chinatown). Chinatown is a bargain hunter's haven and haggling over prices for items

available is a normal practice.  
(B/L/D)

### Day 5

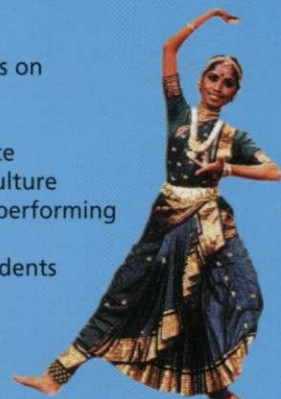
#### Morning:

#### Lecture Session 4:

Influence of the Indians on Malaysian Culture

Group Activities:

- Indian social etiquette
- Introducing Indian culture through games and performing arts
- College staff and students to perform Indian dances and songs
- Indian costumes parade



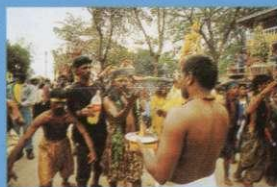
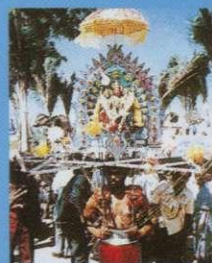
#### Afternoon:

After lunch, proceed to Selangor and Kuala Lumpur for a half-day city tour with much emphasis on the Indian culture.

**Batu Cave:** These famous caverns feature ornate Hindu shrines as well as an exhibit which comprised of sculptures of the various Hindu deities in a number of situations. To reach the main shrine, one has to climb a flight of 272 steps.

#### Sri Mahamariamman Hindu Temple:

This is one of the most elaborately decorated temples in the country comprising hundreds of intricate carving of Hindu deities. It harbours the giant chariot used to transport one of the Hindu gods to Batu Caves during the annual festival of Thaipusam.



#### Jalan Masjid India:

A fascinating street to visit as one can find a variety of Indian ethnic shops selling items ranging from spices and cloth to religious artifacts. It is also

the home of the many different types of Indian cuisine covering nearly all the regions of India.

A visit to the Temple of Fine Arts will be a cultural delight - watching some of the best Indian performers doing their routines.

Finally, settle down to an Indian dinner which may seem more like a feast.



**Day 6**

Early morning transfer from Nilai to beautiful Penang Island.

Penang, also known as the Pearl of the Orient, is famous for exotic sights and is one of the most popular destinations in the region.

Crossing the Penang Bridge will bring us into Georgetown. The bridge is the pride of Malaysia and it is the world's third longest bridge.

The Botanical Garden has lush greenery of tropical plants including flora and fauna. It offers visitors peace and tranquillity strolling along this beautiful landscaped garden.

Fort Cornwallis was built on the site of Sir Francis Light's historical landing in 1786. Sir Light was the founder of Penang Island. The fort also houses a famous Dutch cannon.

Visit the Esplanade for a relaxing stroll and be delighted by some of the best food in Malaysia here.

Spend the night on Penang Island.  
(B/L/D)

**Day 7**

After breakfast, proceed to Penang Hill for a panoramic funicular ride up to the peak. The half-hour climb is great for a bird's eye view of Penang Island.

Next stop will be Khoo Kongsi, a historical clan hall. The building features intricate carvings of master craftsmen from China.

Afternoon visit to the Kek Lok Si Temple. The temple incorporates elements of Chinese, Thai and Burmese architecture and is reputed to be the largest Buddhist temple complex in Southeast Asia.

Free time later in the afternoon for leisure activities. Spend a second night on this beautiful island.  
(B/L/D)

**Day 8**

Depart Penang Island for Kellie's Follie otherwise known as Kellie's Castle. Shrouded in dark mystery, it is believed that the 100 year-old castle built by a British planter has hidden rooms and a secret tunnel. The road that leads to the castle is maze-like and adds to the mystery of the place.

Situated 4640 ft above sea level, Cameron Highlands nestles among the central mountain

range. With temperatures between 60-70°F, this cool lush resort is an ideal holiday spot. Along the travel uphill, there are numerous indigenous settlements and it is possible to catch a glimpse of their way of life. There will be a visit to the famous Rose Garden and a vegetable farm. Enjoy a steamboat dinner to ward off chills and settle down for a night's stay in the hills.  
(B/L/D)

**Day 9**

After breakfast, visit one of the well known tea plantations and enjoy a cup of tea before heading for historical Malacca:

**St. Paul's Hill:** At the summit of this hill rest the ruins of St. Paul's Church, built by a Portuguese fidalgo in 1521 to fulfill a vow he made on escaping death in the South China Sea. Tombstones marking the passing of great Dutch citizens in the area are buried in the yard.

**A Famosa:** A gate without a wall... this was a fortress built by the Portuguese and held for 150 years until the Dutch drove them out. When the British first arrived in Malacca at the beginning of the 19th Century, they blew up the fortress leaving only the gate standing - the Porta de Santiago.

**The Stadhuis:** A large Dutch-styled town hall built in 1650 with incredibly thick walls. It is the oldest known Dutch building still standing in the Far East. It had served as government offices until 1980, and now it is home to the Malacca Museum.

**Christ Church:** This Dutch church houses a number of Dutch engraved tombstones commemorating the hardships faced by the early European settlers. Its pink bricks were shipped from Holland but the locals then painted them red.

Enjoy a nyonya dinner and spend the night in the historical city.  
(B/L/D)

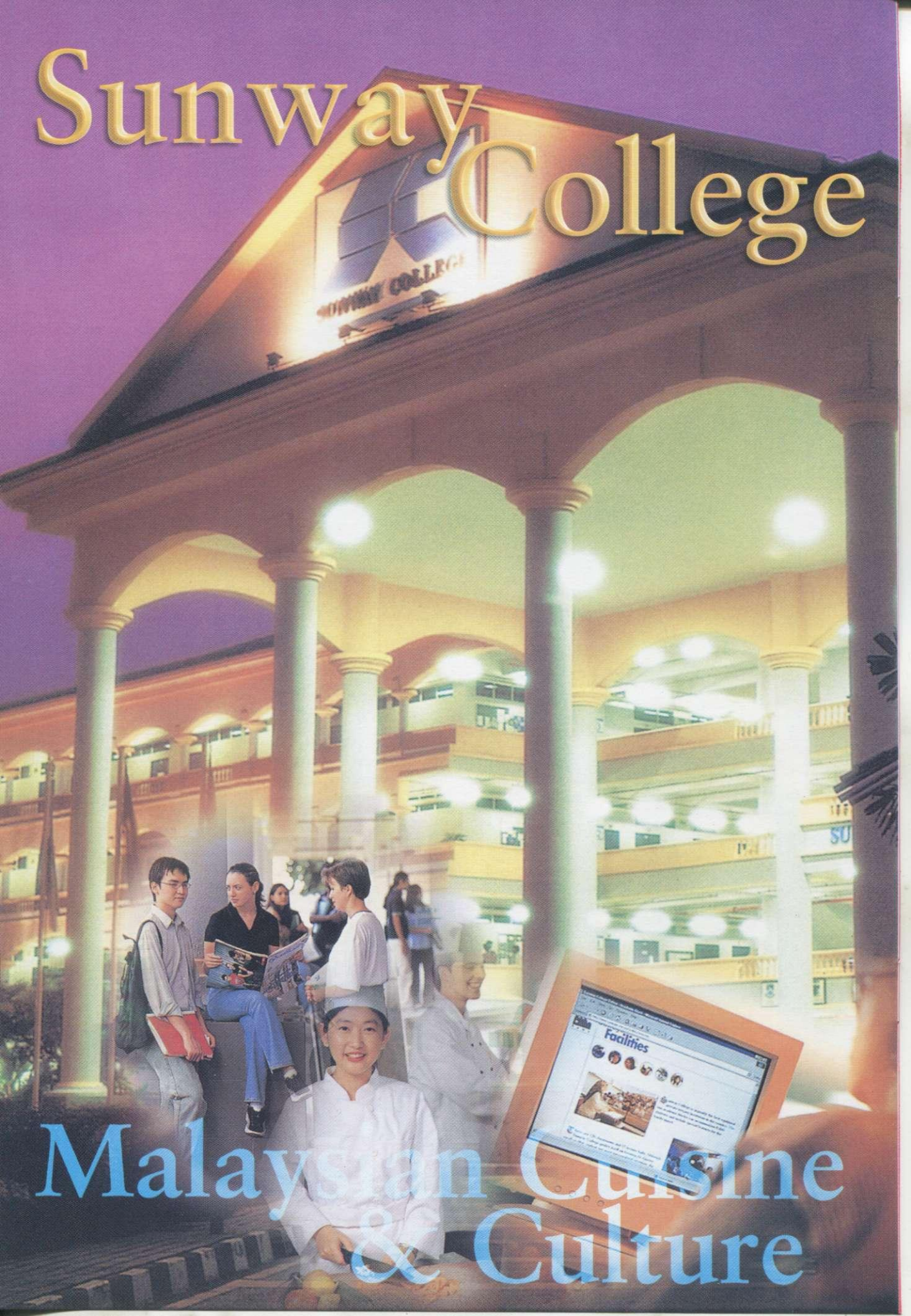
**Day 10**

After breakfast, transfer to KLIA for journey home.





# Sunway College

A large, multi-story building with a prominent portico supported by tall columns. The building is illuminated at night, with warm lights glowing from the interior and the portico. The Sunway College logo is visible on the upper part of the building's facade.

Malaysian Cuisine  
& Culture

In the foreground, several students are visible. A young man and woman are sitting on a ledge, looking at a magazine. A young woman in a white chef's uniform is smiling at the camera. To her right, a laptop screen displays a website with the heading "Facilities" and various images of the college's amenities.



# SUNWAY COLLEGE

## The Institution

Established on July 25, 1987, Sunway College is the first local college to introduce the now popular twinning programme—a result of the commitment of its founder Dato' Dr. Jeffrey Cheah to provide quality education for Malaysian youths.

Since then over 4,000 students annually have benefited from the opportunity of quality education through a more affordable and cost effective way.

Today, Sunway College is well known for offering courses of various levels ranging from pre-university programmes, 3+0 and twinning university programmes, professional, financial, IT, hospitality management and English Language courses, catering to the individual needs of students.

To pass on the knowledge to students, the College has under its roof qualified lecturers who have a wealth of experience and post-graduate qualifications in their respective fields.

In the IT selected courses, Sunway College has been granted the Multimedia Super Corridor (MSC) status and is gearing itself to be a major provider of knowledge workers for MSC through industry-driven courses.

With an excellent track record spanning over a decade, Sunway College frequently receives accolades from various institutions and professional bodies.





# Malaysian Cuisine and Culture

## Introduction

Malaysia is a land of many flavours, spices and tastes. The Malaysian cuisine is famous throughout Southeast Asia for its spiciness and great variety. The history of its cuisine arises from the mixture of cultures over a period of several hundred years. The blend of Chinese, Malay and Indian cooking is what makes Malaysian food so unique.

Malay cooking is very distinctive in its own right. It is famous for its sambal, a kind of dry, hot curry paste made from chillies and onions pounded into a paste and fried in oil. Belacan is a very common flavour in Malay cooking. It is a dried prawn paste, added to give sambals a salty, fishy taste.

The Nyonyas were the resulting breed of Chinese who lived with Malays in close-knit communities, and assimilated their culture, including costumes and customs, yet retained their own individuality. The mixture of Malay and Chinese cultures and tastes gradually evolved to become a unique cuisine of its own. Penang, Pearl of the Orient, is very famous for its delicious Chinese Hokkien and Nyonya cuisine. Kuala Lumpur has a mixture of Malay, Chinese and Indian tastes.

Another taste from the multiracial society which makes up Malaysia is Indian food. The Indian population in Malaysia is mostly made up of Tamils and Ceylonese. Their curries are made mainly from coconuts. Indian curry powders are most often bought ready-mixed in specialist spice shops. Coriander, cumin, curry leaves and cardamom are but a few of the exciting spices used in Indian food.



## Duration

Two Weeks

## Aim

The aim of the course is to introduce the students to various ingredients and spices used in the different regions and to also enable them to appreciate the character of the different styles of cooking, presentation and eating habits, the Malaysian way.

## Mode of Delivery

Demonstration and Hands-on practice in the kitchen.

Visit to the wet market, pasar malam and hawker stalls.

Visit to hotels for its International Buffet.

## Terms and Conditions

Price per pax : RM 4500 (inclusive of) :-

- Tuition Fee
- Comprehensive Culinary Fee (ingredients/uniform/utensils & lab fee)
- Excursion Fee and Transport
- Accommodation and Food (for single room supplement at Hotel to add RM 300 per participant)

Requires a minimum of 30 - 32 participants

Age Group: 18 - 21 years

Local transfer: by airconditioned coach and/train for travel to Ipoh/Penang.

Services of a qualified and licensed English speaking guide provided during the tour.

Price quoted will be reconfirmed at the actual time of booking.

Price quoted does not include airfares to Kuala Lumpur, Malaysia or Insurance Cover such as travel, Personal Accident/Medical insurance.










WEEK/DAY	TOPICS AND ACTIVITIES	VENUE
<b>Week 1</b>	<b>Introduction to Malaysian Cuisine and Culture-Regional Styles</b>	
<b>MONDAY</b>	<p><b>INTRODUCTION TO MALAYSIA CUISINE</b></p> <p><b>AM</b></p> <p>Welcome to Sunway College</p> <p>Breakfast in Sunway College</p> <ul style="list-style-type: none"> <li>• Ride in a monorail for a sightseeing tour of Sunway Resort City Tour'</li> <li>• Visit to the Sunway Lagoon Theme Park</li> </ul> <p><b>PM</b></p> <p>Lunch</p> <ul style="list-style-type: none"> <li>• Kuala Lumpur City Tour. Places to be visited: Kuala Lumpur Tower - reputed to be the tallest in Asia. Enjoy a breathtaking view of the city's famous landmarks and scrapers.</li> </ul> <p>Masjid Jamek - the oldest and most beautiful mosque in the city.</p> <p>Malaysian Craft Centre (Kompleks Budaya Kraf) - discover exquisite treasure troves of intricate artistry - the famous batik, songket, embroidery, beads, carving, pottery, basketry, silver brassware, tapestry and a range of other Malaysian arts and crafts.</p> <p>National Monument with its 50 feet bronze memorial - dedicated to Malaysia's national heroes who died during the emergency period.</p> <p>Photo stops at the King's Palace, the Moorish style Central Railway Station and the Independence Square.</p> <p>National Museum - a repository of Malaysia's rich cultural heritage.</p> <p>Dinner in Seri Melayu Restaurant.</p>	<ul style="list-style-type: none"> <li>• College</li> <li>• Seri Melayu Restaurant</li> </ul>
<b>TUESDAY</b>	<p><b>ON THE FIELD: FOOD FROM THE GARDEN</b></p> <ul style="list-style-type: none"> <li>• Introduction to Malaysian exotic leafy vegetables and fruits</li> <li>• Shopping for appreciation and selection of the Malaysian ingredients</li> </ul> <p><b>AM</b></p> <p>Breakfast</p> <ul style="list-style-type: none"> <li>• The Market - Visit early morning hours to typical 'Selayang wet market' for the shopping of the day.</li> </ul> <p>Lunch at a Chinese coffee shop</p> <p><b>PM</b></p> <ul style="list-style-type: none"> <li>• Introduction to basic Malaysian ingredients and spices</li> </ul> <p>Usage of ingredients of cross cultural cuisine</p> <p>Methods of cooking and types of utensils and equipment used.</p> <p>Dinner (TBC)</p>	<ul style="list-style-type: none"> <li>• College</li> <li>• Chinese Coffee shop</li> </ul>
<b>WEDNESDAY</b>	<p><b>RICE, THE TASTY GRAIN</b></p> <p><b>AM</b></p> <p>Breakfast</p> <ul style="list-style-type: none"> <li>• Introduction to our famous nasi lemak</li> </ul> <p>Nasi ulam</p> <p>Mee Soto</p> <p>Nasi briani</p> <p>Rice Dumplings</p> <p><b>PM</b></p> <p>Lunch (TBC)</p> <ul style="list-style-type: none"> <li>• Visit to a local supermarket 'Pasar Raya'</li> <li>• Visit to a famous and typical 'Pasar Malam' a night market</li> </ul> <p>Dinner at 'Canai Such' a Malaysian 'mamak' shop with</p>	<ul style="list-style-type: none"> <li>• College</li> <li>• Canai Such (Mamak shop)</li> </ul>





WEEK/DAY	TOPICS AND ACTIVITIES	VENUE
THURSDAY	<p>specialty like 'roti canai, nasi lemak, teh tarik, murtabak and accompanied curries'</p> <ul style="list-style-type: none"> <li>• Back to apartment - Sunway College</li> </ul> <p><b>FOOD FROM THE PALM</b></p> <p><b>AM</b></p> <p>Breakfast</p> <ul style="list-style-type: none"> <li>• Laksa of different states</li> <li>• Rendang of different states</li> <li>• Lemang</li> <li>• Curries of different ethnic groups</li> </ul> <p><b>PM</b></p> <p>Lunch</p> <ul style="list-style-type: none"> <li>• 2:00 pm Departure for a Kuala Lumpur City Tour: Petronas Twin Towers at Kuala Lumpur City Centre (KLCC) - visit the Petronas Science Centre</li> <li>• Dinner at 'Senja Restaurant' a typical 'Malay cuisine and environment' in Kuala Lumpur City Centre (KLCC)</li> </ul>	 
FRIDAY	<p><b>INTRODUCTION TO MALAYSIAN DESSERTS</b></p> <p><b>AM</b></p> <p>Breakfast</p> <ul style="list-style-type: none"> <li>• Gula Melaka Sago Pudding</li> <li>• Kueh Ketayap</li> <li>• Goreng Pisang</li> <li>• Cendol</li> <li>• Ais Kacang</li> <li>• Leng Chee Kang</li> <li>• Bubur Cha Cha</li> <li>• Assorted Kuih-muih</li> </ul> <p><b>PM</b></p> <p>Lunch at 'Medan Food Court' for a variety of Malaysian dishes to choose from.</p> <p><b>HOMESTAY PROGRAMME</b></p> <p>Departure at 4:00 pm from Sunway College by coach</p> <ul style="list-style-type: none"> <li>• A unique programme whereby students will have the experience of an overnight stay with a local family. This programme will expose the students to a cultural exchange and daily routines of the local community. Therefore, students will be more sensitive and have a better understanding of the local culture, customs, food etc.</li> </ul>	  <ul style="list-style-type: none"> <li>• College</li> <li>• Medan Food Court - Sunway</li> <li>• Homestay Programme</li> </ul>
SATURDAY	<p><b>'HOMESTAY PROGRAMME'</b></p> <p>All meals included</p>	<ul style="list-style-type: none"> <li>• Homestay Programme</li> </ul>
SUNDAY	<p>Breakfast and Lunch at the 'Homestay Programme' venue</p> <ul style="list-style-type: none"> <li>• 2:00 pm - Return from 'Homestay Programme' to the Hotel</li> <li>• Dinner at Kajang town for the famous Kajang Satay, Nasi Impit and Peanut Sauce with Rojak.</li> </ul>	
WEEK 2	<p><b>INTRODUCTION TO OUR RENOWNED MALAYSIAN HAWKERS DELIGHT ON A COUNTRY TOUR AROUND THE MOST INTERESTING PLACES IN MALAYSIA.</b></p>	
MONDAY	<p><b>IPOH / PERAK</b></p> <p><b>AM</b></p> <p>Breakfast</p> <ul style="list-style-type: none"> <li>• Depart early morning from Kuala Lumpur Train Station to Ipoh, Perak.</li> <li>• Ipoh is one of the largest towns in the state well know for being the</li> </ul>	<ul style="list-style-type: none"> <li>• College</li> <li>• Tour to Ipoh</li> </ul>



## WEEK/DAY

## TOPICS AND ACTIVITIES

## VENUE

administrative centre, with a large community of Chinese Cantonese population.

**PM**

- Arrival at Ipoh train station to transfer to a typical Chinese/ Cantonese restaurant for refreshments and lunch
- Food testing, demonstration and lunch with Ipoh specialities 'Beansprout Chicken rice, Rendang Tok beef, steamed popiah'

• Sightseeing tour of the major landmarks of Ipoh  
Visit to the 'Perak Museum' which is the oldest museum in the country.

Visit to a famous cave Siamese temple 'Sam Poh Tong' with an impressive work of art and faith of Buddha

- Check-in at hotel for a few hours leisure time

8:30 pm - Dinner at typical Malaysian-

Chinese environment stall hawkers for a variety of the town's specialities 'Fish ball koaytiow soup, claypot and much more'



## TUESDAY

**KUALA KANGSAR & PENANG ISLAND****AM**

Breakfast at a typical 'mamak coffee house environment'

- Departure 08:00 am by coach for a half-day tour to Kuala Kangsar - the Royal Town of Perak

An interesting ride through a kampong (small town) road

**PM**

- Arrive at the Royal town of Kuala Kangsar for a kampong style lunch at the riverside.

City tour around the major landmarks of Kuala Kangsar like 'Royal Museum, Ubudiah Mosque, Royal Palace and traditional handicraft & local fruits stalls at riverside

- 3:30 pm - Departure to Penang Island by coach
- Arrival at Butterworth to board the ferry for a 30 minutes boat ride to Penang Island
- 8:00 pm Arrival in Georgetown and transfer to Sunway Hotel on coach.

Dinner at an open air hawkers delight center 'Gurney Drive' for a unique experience along the coast with an endless variety of Penang food, that reflects the different cooking styles and tastes of its multi-racial population,

making Penang a

famous town for their dishes.

Back to the hotel

- Tour to Kuala Kangsar/ Penang



## WEDNESDAY

**PENANG ISLAND****AM**

Breakfast at Chinese coffee shop house in town with a variety of dishes to choose from.

- Special bargain-shopping for the typical Malaysian ingredients and seasoning, sauces, local snacks, traditional ointments and much more.
- Free at leisure

**PM**

1:30 pm Lunch at a Seafood restaurant along the coast with a variety of local cuisine - worth to try it!

- Visit to a fascinating and one of the finest Buddhist temples in South East Asia - 'The Kek Lok Si Temple, Air Itam'

- Free at leisure




- 'Trishaw rides' for transfer to a typical sea food restaurant for Dinner.

- 'Trishaw rides' for a late sightseeing of Georgetown, Penang

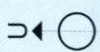
- Back to hotel.





WEEK/DAY	TOPICS AND ACTIVITIES	VENUE
THURSDAY	<b>PENANG / JOHOR BAHRU</b> <b>AM</b> <ul style="list-style-type: none"> <li>• Check-out from the Sunway Hotel</li> <li>• Breakfast at hawker food stalls</li> <li>• City Tour of the major landmarks of Penang</li> </ul> <b>PM</b> <p>Lunch at a typical Chinese coffee house</p> <ul style="list-style-type: none"> <li>• 3:30 pm - Transfer to Airport for our flight to Johor Bahru</li> <li>• 4:55 pm - Departure from Penang Island</li> <li>• 6:00 pm - Arrival at Johor Bahru - Transfer to Hotel</li> <li>• Check-in and leisure time</li> </ul>	 <ul style="list-style-type: none"> <li>• Tour to Johor Bahru</li> </ul>
FRIDAY	<b>JOHOR BAHRU / MALACCA</b> <b>AM</b> <p>Breakfast at a typical mamak shop with specialities like roti jala and soto ayam</p> <ul style="list-style-type: none"> <li>• Sightseeing around interesting heritage buildings and historical sites.</li> </ul> <b>PM</b> <ul style="list-style-type: none"> <li>• Food testing, demonstration and lunch on the specialities of the region 'Johor Laksa, Roti Jala, Apam Balik, Soto Ayam and much more'</li> <li>• Free at leisure</li> <li>• 4:00 pm - Departure to Malacca by coach via a beautiful kampong road - with a stop at a typical coffee shop for refreshment along the way.</li> <li>• 7:30 pm - Arrive at Malacca</li> <li>• Check-in at a typical Baba and Nyonya hostel for the night's stay.</li> <li>• Dinner at an authentic Nyonya cuisine restaurant in the same hostel.</li> <li>• Leisure time</li> </ul>	<ul style="list-style-type: none"> <li>• Tour to Johor Bahru /Malacca</li> </ul>
SATURDAY	<b>MALACCA - MALAYSIAN HISTORIC CITY</b> <b>AM</b> <p>Breakfast at a typical Chinese coffee house and savour one of Malacca's most famous speciality, fish ball noodle soup, Nyonya kuih</p> <ul style="list-style-type: none"> <li>• Sightseeing City tour of historical sites of Malacca churches, temples, museums etc.</li> </ul> <b>PM</b> <p>A Peranakan lunch at an antique coffee house in the city</p> <p>Shopping - Jonkers Street</p> <ul style="list-style-type: none"> <li>• 5:00 pm - departure from Malacca to Kuala Lumpur and enjoy an interesting drive on a kampung road</li> <li>• Along the way stop in Kajang town for a light dinner of the famous 'satay'</li> <li>• 9:00 pm - Arrival in Kuala Lumpur</li> </ul>	<ul style="list-style-type: none"> <li>• Tour to Malacca</li> </ul> 
SUNDAY	<b>LAST DAY OF OUR MALAYSIAN CUISINE TOUR</b> <b>AM</b> <p>Breakfast</p> <ul style="list-style-type: none"> <li>• Free at leisure</li> </ul> <b>PM</b> <p>Malaysian Buffet at Sunway Lagoon Resort Hotel</p> <p>Souvenirs to all participants of Malaysian Cuisine - Summer Camp/Sunway College</p> <ul style="list-style-type: none"> <li>• Transfer to Kuala Lumpur International Airport.</li> </ul>	<ul style="list-style-type: none"> <li>• College</li> <li>• Sunway Lagoon Resort Hotel</li> </ul> 









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Space



